

PIERCE COUNTY HUMAN SERVICES
**AGING AND DISABILITY RESOURCES
ADVISORY BOARD**

10:00 A.M., Tuesday, March 20, 2018
Soundview Bldg – Conference Room 1
3602 Pacific Ave., Tacoma

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Tacoma, WA 98402
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AGENDA

Call to Order

A. Introductions-Board and Guests

B. Approval of Minutes – January 16, 2018

C. Additions/Approval of Agenda

D. **Program: "Oh My Gosh - Now What?"** Caregiver Series- Jessica Girard & Kris Sawyers-Dowling,
ADR Case Mangers

E. **Committee Reports:**

1. **Executive Committee: David Friscia, Chair**

- a. New Prospective Board Member Recommendation
- b. Save the Date: July 17 Retreat, input on Topics

2. **Planning and Allocations Committee: Terri Baker, Chair**

- c. Budget Updates
- d. Procurement Updates
- e. Program Planning Updates
- f. Other

3. **Ed/PA: Pat McIntyre, Chair**

- a. New Committee Business
 - i. ADRC Activities
 - ii. Lobby Day Update
 - iii. State Council on Aging Update

2018 Officers

David Friscia, Chair
Pat McIntyre, Vice Chair
Stuart Maier, 1st Officer at Large
Cheryl Cristello, 2nd Officer at Large

- iv. Senior Lobby Update
- v. Legislative Session Update
- vi. Affordable Housing Discussion
- b. Additions/Announcements
- c. Sunshine Committee Report

4. Quality Improvement/Customer Service: David Friscia, Chair

- a. Community Based Site Visits
- b. Quality Assurance Interview Updates
- c. Projected Quality Assurance Activities
- d. Review/Update Select QICS Tools
- e. Quality Improvement/Customer Service Committee Work Plan Review

F. ADR Program Report: Admin. Staff

G. Board & Guests Additions/Announcements

H. Adjournment

Reminder: Please do not wear fragrances when attending Community Connections Aging and Disability Resources meetings as a consideration to those in attendance that have medical conditions and/or severe allergies.

Thank You.

Events Calendar

1.	Mar 23	<p>Oh My Gosh – Now What? (Part 6 of 6) Part 6 – Where can I turn for help? What are the resources I can rely on? View flyer. Held at noon at the Pierce County Annex Main Meeting Room, 2401 S. 35th St., Tacoma. Free; No RSVP. For details call 253-798-4600.</p>
2.	Mar 23-25	<p>West Region EMS Conference Registration is now open. Keynote speaker is Randolph Mantoath from the hit TV series “Emergency.” Held at the Ocean Shores Convention Center. Pre-conference train-the-trainer workshop on March 23, 8 to noon – “What do you consider to be lethal?” Visit online for detailed information and registration. Questions? Contact the West Region EMS office at lori@wrems.com or 360-705-9019.</p>
3.	Mar 24	<p>T-Town: Play, Explore, Learn If you’ve been wanting to see a City of Tacoma vehicle up close, talk to City representatives about the work that they do, learn more about City operations through a hands-on activity, and find out about the many services the City offers, come to this event. This is a FREE, fun, interactive community event hosted by the City of Tacoma featuring demonstrations and activities for the entire family. Held 10 a.m. to 3 p.m. at the Tacoma Dome. Call 253-591-5000 for more.</p>
4.	Apr 7	<p>End of Life & Advance Directives: A Medical Perspective Most Advance Directives are made in a law office and are crafted as legal documents. But what do they look like from a medical perspective? When the time comes to implement those directives, options may not be as clear cut as people would anticipate. Hear from the health care professionals about experiences with patients with Advance Directives – and those without –facing crucial end-of-life choices. Held 10:30-11:30 a.m. at the Puyallup Library, 324 S. Meridian in Puyallup. Free, no RSVP. View event flyer. Call the ADRC for details at 253-798-4600.</p>
5.	Apr 14	<p>Spring Fling Health Fair and Pancake Breakfast The April Pancake Breakfast will host an educational forum for our seniors. Topics will include legal, financial and healthcare issues which are currently being faced by our seniors and seniors-to-be. \$4 for breakfast. Held 8 a.m. to noon at the Puyallup Activity Center, 210 W Pioneer Ave.</p>
6.	Apr 16	<p>Vacations of a Different Stripe Vacations are important opportunities to rejuvenate. Today there’s a growing interest in alternative vacations ranging from extended house sitting to “voluntourism” and many other options. Sometimes these rewarding experiences are in far off lands while other times they are in our own back yard. Hear about the possibilities and the resources available to connect. Held twice this day:</p> <ul style="list-style-type: none"> • Noon – Pierce County Annex, 201 S. 35th Street in Tacoma. • 6:30 p.m. – Lakewood Library, 6300 Wildaire Rd., Lakewood. <p>View event flyer. Call the ADRC for details: 253-798-4600.</p>